

# **Needs Assessment Questions 2025-26 High School**

My teachers care about me

I know at least one counselor at my school who is available to listen and help.

I have an adult in my life I can talk to if I have problems.

I know how to ask for help for myself or if I'm worried about a friend.

I feel like I belong at my school.

I feel safe in my school.

I can handle disagreements with my friends well.

I know how to make and keep new friends.

I know what it takes to be a good student at my school.

School is preparing me well for life after graduation.

I have a clear plan after high school.

## **I am experiencing the following (check all that apply)**

being teased/annoyed by other students

being insulted by teachers (teachers are rude to me)

feeling scared to come to school

racism/discrimination

not having friends/lonely

feeling angry a lot

I am experiencing none of the above

## **I would like to know more about (check all that apply)**

self-esteem/self-awareness

time management/organizational skills

peer pressure

fitting in/making friends

family changes/divorce

test anxiety

anger management

goal setting

social media

racism

student skills

motivation

problem solving

bullying

school safety

**What do you want your counselor to know about you? (open ended)**

